

# **Changes to your plan**

An overview of the important changes to your healthcare insurance this time.



### The main changes

We constantly review our plans and often make changes to update or clarify the cover for members. Here are the more significant changes we've made this year - please read them alongside your handbook.

We've rewritten your new membership handbook to make it easier to read and quicker to find what you're looking for. We've changed the order of the handbook and grouped similar information together so it's easier to find.

We know there's a lot to explain. So if you don't fancy reading the whole handbook now, why not just take a look at the introduction to your membership at the front which explains the basics of your cover.

Although your handbook looks quite different, none of these changes affect your cover, except if they're mentioned below.

#### **Virtual Doctor prescription charges**

There is now a benefit of up to £200 towards prescription costs following a consultation through the Virtual Doctor service available on your plan.

> See section 1.2 'Your cover' of your handbook

#### **Access to the Mind Health service**

Your plan now provides up to six telephone consultations with a psychologist through Mind Health. The service is available for certain conditions following a referral from the Virtual Doctor service on your plan.

#### > See section 1.2 'Your cover' of your handbook

#### Your cover for breast reconstruction

Supporting our members at every stage of their cancer journey is important to us. We know the needs of our members following cancer treatment vary, so we've reviewed the benefits available to ensure our members are more supported during this difficult time.

There are a number of choices available to members after they've had surgery for breast cancer. If you choose to have a reconstruction, we will also pay for a nipple reconstruction, alongside two sessions of tattooing. We'll cover an operation on the other breast to improve symmetry, as long as it happens within three years of your first reconstruction and up to two fat transfer operations within the three years of their initial reconstructive surgery. If a member's implants are damaged by radiotherapy treatment, we'll pay for their removal and exchange within five years of completing radiotherapy treatment. If you choose not to have a reconstruction, we'll pay for one operation to the other breast to improve symmetry.

> See section 4.4 'Cancer' of your handbook

## This document is available in other formats. If you'd like a Braille, large print or audio version, please get in touch.

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